

# To all foreign residents in Tottori Prefecture!



Please consult these resources if you are ill

## Medical Facility Handbook for Foreigners



A handbook for how to get treated at hospitals and clinics.



## Medical/Community Volunteer Interpreter

This service can be used for things like explaining your condition at the hospital or helping you with administration at the town hall. ※Please book in advance.

Seek advice about life or work in your native language or a language you understand.

## Foreign Resident Advisory Corner



## Telephone Consultation Service for Foreign Workers



## Native Language Consultation for Technical Intern Trainees



Announcements about daily life and disaster prevention

## Tottori niko-niko



Announcements made on social media so you can living in Tottori with peace of mind.



## Anshin Toripy Navi

- A disaster prevention app for foreign residents in Tottori Prefecture.
- Provides information on local safety and how to get to an evacuation site in the event of a disaster.



Learn Japanese

## Japanese class (free)

- Learn useful Japanese for living in Tottori Prefecture with other foreigners!
- Connect with other foreign residents living in your area.

Tottori, Kurayoshi, Yonago  
Tottori Prefectural International Exchange Foundation



Sakaiminato



Community and Exchange Events

- Foreign exchange events are held annually in Tottori Prefecture.
- Learn about cuisine, songs and dances from countries around the world.



Time Festival  
Tottori  
(Tottori City)



Kurayoshi  
Intercultural  
Exchange  
Festival  
(Kurayoshi)

Yonago  
Intercultural  
Exchange  
Festival  
(Yonago)



Exchange  
Event  
(Sakaiminato)



Every year, there is an exchange event where you can mix with the locals by trying on kimono and yukata, food and calligraphy experiences.

- There are other cultural exchange events too.



# Let's Live and Work in Tottori!



Toripy  
: Tottori Prefecture's mascot



▲Tottori Prefecture Web Site



# More and more foreigners are working in Tottori Prefecture

- ▶ Many foreign nationals work in Tottori Prefecture.
- ▶ 2024 showed the highest number to date.
- ▶ The most commonly represented nationalities were Vietnam (37%), Philippines (13.7%), Indonesia (11.6%) and China (9.4%).
- ▶ Tottori Prefecture supports foreign residents so that they can live and work in the prefecture for a long time.



## Advantages of Tottori Prefecture

### Great food

- ▶ Plenty of delicious food like meat, vegetables and fish.
- ▶ Fresh ingredients are readily available every day at local stores.



### Great places

- ▶ There are many sites of great natural beauty in close proximity, such as the Tottori Sand Dunes, the sea and Mt Daisen. There are also plenty of hot springs.
- ▶ You can enjoy the great outdoors at a very low cost. (Mountain climbing, hiking, cycling, skiing, snowboarding, surfing, kayaking, fishing, camping, barbecue, golf and more)



- ▶ There are also locations home to the worlds of Detective Conan and GeGeGe no Kitaro, both written by Tottori's own manga artists.



Check out this sightseeing pamphlet too!



Manga

### Peace of mind

- ▶ Tottori Prefecture has the second lowest incidences of traffic accidents in Japan.
- ▶ The crime rate is also low.



### There are few earthquakes

- ▶ Earthquakes occur at a much lower frequency compared to the Pacific side of Japan.
- ▶ Tottori Prefecture offers safety and peace of mind to those who want to work in Japan long-term.

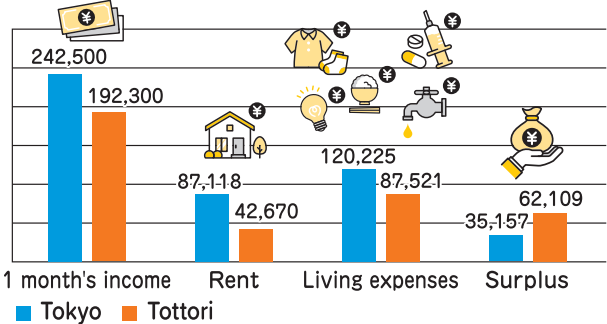
### Saving money

- ▶ Houses are bigger and rent is cheaper than in big cities.
- ▶ While salaries may be high in big cities, so is cost of living.
- ▶ It is easier to save money in Tottori thanks to its low cost of living.

#### [1 month's surplus income]

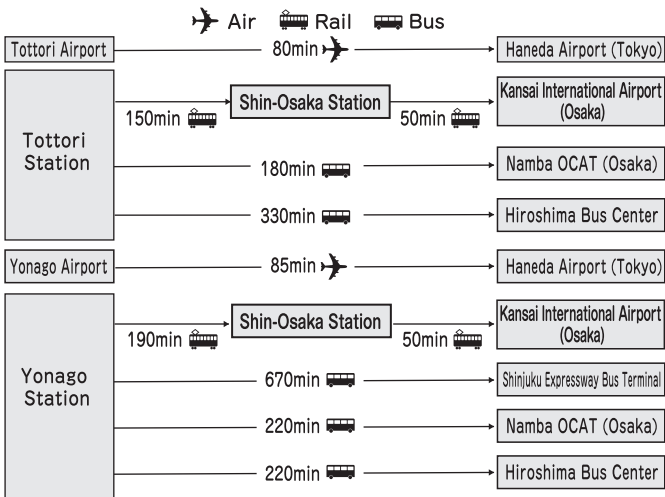
- ▶ We can give a rough estimate of a given month's surplus (how much is leftover in you pocket) by starting with a month's pay, and subtracting rent and living expenses.

Comparison between Tottori Prefecture and Tokyo Unit : ¥ (JPY)



### Good access to urban areas

- ▶ It is easy to travel between Tottori Prefecture and urban areas through bus, rail and air links.
- ▶ It is possible to make day trips to Tokyo or Osaka for like shopping or concerts.



# Enjoy Japan's "Four Seasons" in Tottori Prefecture!

## Spring

Average temperature in April

15.9°C



【Cherry Blossoms】Jinpūkaku



Tottori Hanakairo Flower Park



Nagashibina Dolls



Shan Shan Matsuri



Gaina Matsuri



【The Sea】Sea Kayaking



Kurayoshi Utsubuki Matsuri



## Summer

Average temperature in August

29.0°C



【Fall Leaves】Mt. Daisen



Nijisseiki (20th Century) Pears



Mountain Climbing



【Onsen】Kawara-buro



【Skiing】Daisen White Resort



Crab Hotpot



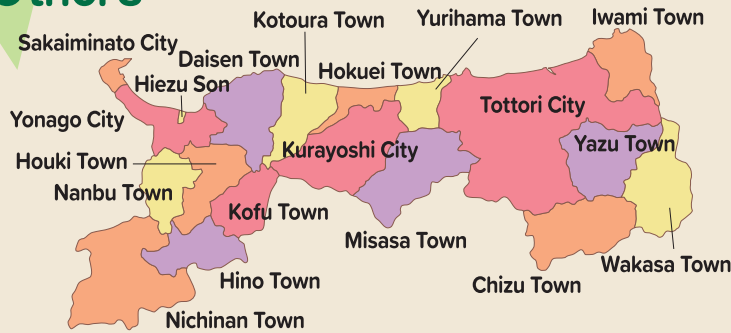
## Winter

Average temperature in January

5.7°C



## Others



Hakuto Shrine



Kirin Jishi



Paragliding, Tottori Sand Dunes



Mitokusan Nageire-do



The Sand Museum



Gosho Aoyama Manga Factory

